



COMMUNITY HEALTH
& WELLNESS PARTNERS

Care... To Live Life Fully

Community Report

For more than five years, we have been providing care that improves the health and wellness of our community. By removing the barriers to quality care, we know that we are making a significant difference in the lives of our friends and neighbors.

WE ARE CHANGING LIVES IN OUR COMMUNITY

Innovative Approach to Team-Based Care

At Community Health & Wellness Partners, we have raised the bar with our approach to health care, and in 2019 we remained a leader in the effort toward implementing an innovative model of team-based care to treat the whole person, whole community. In this integrated approach to care, teams of primary care, behavioral health and other health care professionals work together with patients to provide a more cost-effective, efficient and patient-centered model of care.



Tara Bair,
President and CEO

By reorganizing the team to better manage patient flow and efficiency, we know that our patients' entire health, including physical, mental, social and chronic care issues, are addressed by a cohesive team. This team-care approach ensures that our patients who come to us for their primary medical care can also have other services integrated into their overall health care plan. This approach ensures that patients can get all aspects of their care at one visit, in one location and by one team that includes the primary care provider, behavioral health provider (therapist/counselor), psychiatry provider, case manager and any other service provider. By working

as a team, for example, our health care providers can coordinate patient medications and monitor drug interactions.

As the health care industry moves toward this integrated model of care, Community Health & Wellness Partners will be a leader in demonstrating the benefits of this model: increased efficiency, improved clinical outcomes, better quality visits, decreased staff and physician fatigue, better use of the top skill levels of all providers and more satisfied patients.

Expansion of Behavioral Health Program

In the past year, Community Health & Wellness Partners has experienced great growth in our Integrated Behavioral Health Program by encompassing behavioral health, substance use and medication assisted treatment into the primary care visit.

Using two grants that we received, we hired additional therapists and psychiatry providers, enabling our team to see more patients. In 2018, we served 643 patients in behavioral health with one full-time therapist, two part-time therapists and a psychiatrist working one day a week. In 2019, the team expanded to five full-time therapists, two part-time therapists and three full-time psychiatric providers.

WHOLESOME RX PROGRAM: A PRESCRIPTION FOR HEALTHY EATING

In 2019, Community Health & Wellness Partners participated in the Wholesome Rx Program, made possible by a grant from the Ohio Department of Health and with support from Wholesome Wave, a national organization dedicated to ensuring affordable access to fresh produce. We enrolled 129 patients in the program, which included group education classes from March through September for those with pre-diabetes and diabetes. The program also enabled us to provide "prescriptions" that patients could redeem for fresh produce at Community Markets (Bellefontaine), Thoman's IGA, Logan County Farmers Market and Indian Lake Farmers Market. This program truly defines treating the whole person, whole community, as we saw the benefits of the program change the eating habits of our patients' families.

71%

Patients attending classes who had no change or saw a decrease in their A1C, since enrollment, with an average decrease of 0.8%

50%

Patients enrolled in Wholesome Rx who are now at their A1C goal who entered the program with uncontrolled A1C (A1C>9%)

40 pounds

Total weight loss reported by one patient enrolled in WholesomeRx, with 11 patients losing more than 10 pounds

72

Number of patients who attended at least one education class

240 pounds

Total weight loss of patients enrolled in Wholesome Rx



GROWTH IN NEW SERVICES

Since its inception in 2014, Community Health & Wellness Partners has pushed the boundaries of the traditional way of delivering health care. In our quest to provide the highest level of care and fulfill our mission of treating the whole person and whole community, we have expanded services beyond primary care and continually examine other services that will help our patients live healthier, fuller lives.

General Primary Care

- Health Maintenance Exams/Physical Exams
- Chronic Care Issues
- Acute (Sick/Urgent) Illnesses
- Women's/Men's Health (All Ages)
- Infant/Children/Adolescent
- Post-Hospital Follow-Up

Chronic Disease Management

- Diabetes
- High Blood Pressure
- High Cholesterol

Integrated Behavioral Health

- Depression and Anxiety
- Family and Child Issues
- Substance Use Disorders
- Other Mental Health Issues

Pharmacy

Medication-Assisted Treatment Program

- Substance Use and Addictions
- Vivitrol and Suboxone Prescriptions

Nutrition

Dental (Referral)

Discounted Drug Program (340B)

Family Planning

Immunizations (Free for Uninsured Children)

- Vaccines for Children (VFC) Program

Laboratory/EKGs

Shared Visits with Provider

Respiratory Therapy

Sports Physicals

Vision Screenings

Social Services

Outreach Eligibility for Marketplace

Community Outreach Events



MEDICATION ASSISTED TREATMENT

78%

Increase in patients treated from 2016 to 2018



\$173,426.50

Amount that our Ohio State Insurance Assistance Program volunteer was able to save community members as they were choosing their health plans during the insurance open enrollment period



NUTRITION

994 pounds

Total patient weight loss to date



PHARMACY

\$4.46 million

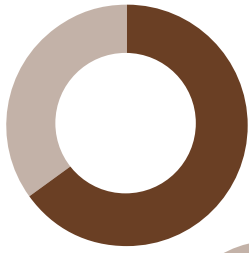
Total medication cost savings to patients since inception using 340B program

18%

Patients tested who were using a medication that their body could not process for the intended effect



DIABETES



65%
Patients enrolled in Diabetes Education Program who reduced their A1C levels



73%
Patients enrolled in Diabetes Education Program who had weight reduction

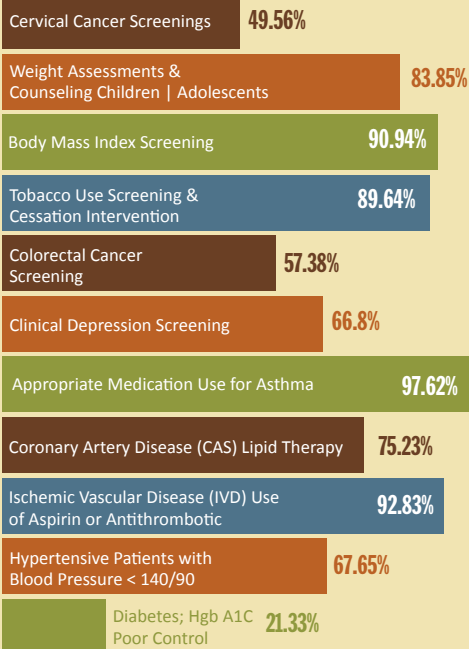
HYPERTENSION



58%
Patients enrolled in Diabetes Education Program who reduced their blood pressure

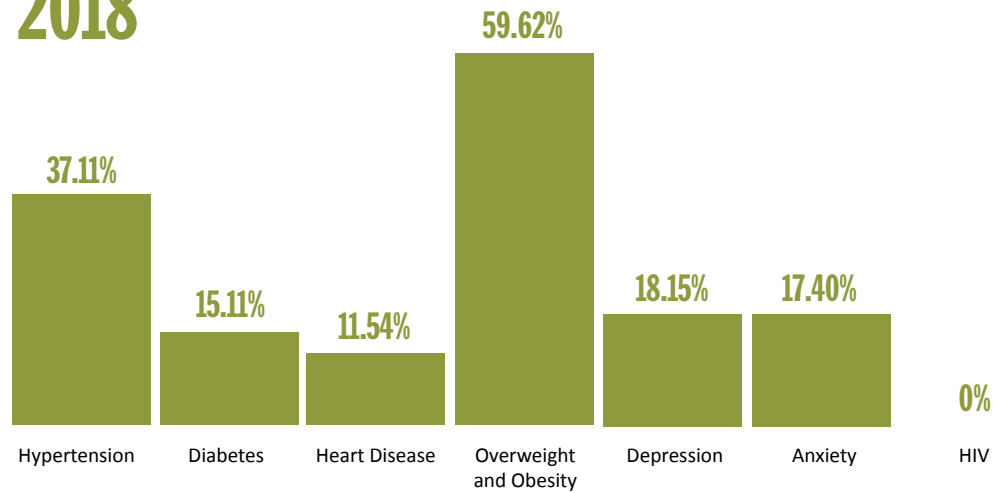


PREVENTATIVE HEALTH SCREENING & SERVICE

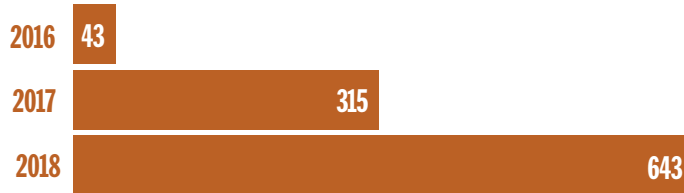


MEDICAL CONDITIONS

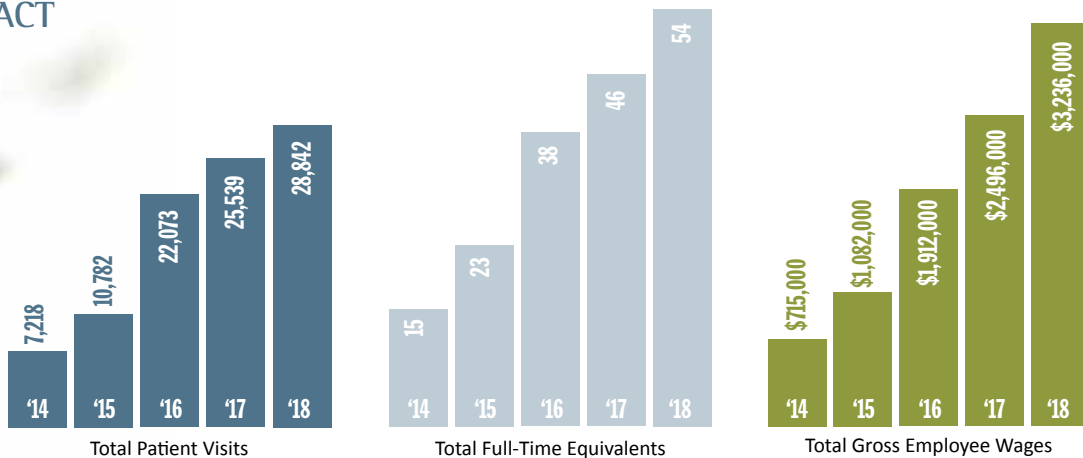
2018



BEHAVIORAL HEALTH PATIENTS SERVED



ECONOMIC IMPACT



TEAM CERTIFICATIONS

MAT Data Waiver (can prescribe suboxone)

Justin Gildow, CNP
Paula Strebiger, CNP
Josh Bryant, CNP
Breanna Detrick, CNP
Charles Kratz, MD

Nexplanon Certification

Josh Bryant, CNP
Breanna Detrick, CNP
Leann Spring, CNP
Kenneth Miller, MD, Chief Medical Officer
Josh Usserman, CNP
Charles Kratz, MD

LCDCIII Certification

Abby Superchi, LSW

Telephone Triage: Best Practices & Systems for Telehealth Nursing Certification

All Triage Nurses

Certified Application Counselors/Certified Marketplace

Emma Southwick, LSW
Lyndsay Wisner, OEC

EMDR & Tobacco Treatment Specialist Certification

Erinn Dennis-DaCunha, LPC-C

LICDC License and Bi-Feedback Certification

Kenneth Stahl, LPC-C

Training in Trauma Informed Care Mental Health First Aid Certification

Many Community Health & Wellness Partners Employees

PATIENT SATISFACTION

Patients who would send family and friends to Community Health & Wellness Partners

99.3%



Bellefontaine

212 E. Columbus Ave., Suite 1
Bellefontaine, Ohio 43311

Indian Lake

8200 St. Rt. 366, Suite 1
Russells Point, Ohio 43348

West Liberty

4879 US Rt. 68 South
West Liberty, Ohio 43357

Phone: 937.599.1411

Fax: 937.599.4128

WE ARE ELIMINATING BARRIERS

Our vision is to change lives within our community, and one way we are doing that is by collaborating with Second Harvest Food Bank of Clark, Champaign & Logan Counties. Our Bellefontaine office is now a routine stop from Noon to 1 p.m. on the first Thursday of every month for the Second Harvest Food Truck.

I believe the food trucks are important for many reasons. For some, it's their major source for food. For others, it's a great way to socialize. It's a way for people to help each other.

Becky Payseur

I just started coming to this, and it has helped us out a lot. I am on Medicare, Social Security and only get \$76 in food stamps. So this is really helping.

Donna Lethcoe



WE ARE HERE TO SERVE YOU

At Community Health & Wellness Partners, we are passionate about changing the lives of the residents of our community by providing a level of health care that improves the well-being of the whole person and eliminates economic and other barriers to obtaining medical care.

We serve all residents – those in need of primary care and/or chronic disease management, those fighting addiction, depression or other behavioral health issues affecting everyday family life. We strive to make sure that no resident gets turned away or left unattended. Our team of health care professionals works at multiple locations throughout Logan County, with providers on call 24-7, to ensure that no patient is ever without access to care.

To learn more, stop by, call us or visit our website — www.chwplc.org. We welcome everyone.

The Mission of Community Health & Wellness Partners

To provide quality, whole-person, patient-centered medical care to anyone and everyone in our community.

